

## **Supporting SEL and Wellness for All Students**

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Course Credit:	1.0 graduate credits
Dates & Times:	Online: July 22-August 12, 2019 The student must spend a minimum of 5 hours per week online for three weeks working in the Learning Management System to complete course requirements.

### **LMS LINK:**

<https://www.edtechteam.online/products/supporting-sel-social-emotional-learning-and-wellness-for-all-students>

### **COURSE DESCRIPTION:**

Through this course, educators will explore the core competencies of social emotional learning (SEL), analyze the connection between SEL and student learning outcomes, and identify strategies and activities designed to develop student confidence and skills through the use of instructional technology and offline activities.

### **STUDENT LEARNING OUTCOMES:**

Upon completion of this course, the student will be able to:

1. Recognize the importance of SEL to student learning outcomes
2. Integrate the 5 core competencies into classroom instruction
3. See an improved attitude in their students about self, others, and schools
4. Immediately implement effective SEL supports in their classroom

## TEXTS, READINGS, INSTRUCTIONAL RESOURCES:

### Required Text:

- <https://gtlcenter.org/sites/default/files/TeachingtheWholeChild.pdf>
- <https://mcc.gse.harvard.edu/resources-for-educators/how-build-empathy-strengthen-school-community>
- <https://www.landmarkoutreach.org/strategies/relationship-skills-sel/>
- <https://casel.org/>

## COURSE REQUIREMENTS:

In order to receive a Passing grade, the participant must complete the following course requirements:

1. Complete Learning Matrix: For each topic, students must insert an artifact from their learning, not limited to screenshots of work samples, written reflections, and contributions to collaborative resources.
2. Final Project: Agenda and Training Session

## GRADE DISTRIBUTION AND SCALE:

### Grade Distribution:

Learning Matrix	40%
Final Project	60%

### Grade Scale:

90-100%	A
80-89%	B
70% and below	F

## GRADING RUBRICS:

### Learning Matrix:

	Learning Matrix Activities	Learning Matrix Reflections
<b>Exceeds Expectations</b> (90-100%)	Activities are thoughtful and complete. All expectations for each section were met or exceeded.	Reflection shows a thorough thoughtfulness of the project and its implications in the classroom. Explains thinking and learning process and implementations for future learning. Extensive

		evidence of personal growth through this course.
<b>Meets Expectations</b> (80-89%)	Activities are complete. All expectations for each section were met.	Reflection is thoughtful and describes the project and its implications in the classroom. Explains thinking and learning process and might include implementations for future learning. Evidence of personal growth through this course.
<b>Does Not Meet Expectations</b> (60-79%)	Activities are not fully complete.	Reflection is describes the project but might not include its implications in the classroom. Little evidence of personal growth through this course.
<b>Incomplete</b> (under 59%)	No evidence of activities completed..	No evidence of reflection

#### **Final Project:**

	<b>Action Plan</b>
<b>Exceeds Expectations</b> (90-100%)	Action plan is highly detailed, and goes above and beyond to increase cultural relevance and responsiveness of your classroom.
<b>Meets Expectations</b> (80-89%)	Action plan is detailed and increase cultural relevance and responsiveness of your classroom.
<b>Does Not Meet Expectations</b> (60-79%)	Action plan may be lacking in one or more area or does not increase cultural relevance and responsiveness of your classroom.
<b>Incomplete</b> (under 59%)	No evidence of a completed action plan.

#### **Course Outline**

Module	Activities
Introduction	<ul style="list-style-type: none"> <li>● Create Learning Matrix</li> <li>● Get Connected</li> </ul>
Section 1: Why SEL	<ul style="list-style-type: none"> <li>● Why SEL?</li> <li>● What exactly is SEL?</li> <li>● What are the benefits of explicitly teaching SEL? Reflection Task</li> </ul>
Section 2: Self- Awareness	<ul style="list-style-type: none"> <li>● Self Awareness</li> <li>● Overview of Self Awareness</li> <li>● Reflection Task</li> </ul>
Section 3: Self Management	<ul style="list-style-type: none"> <li>● Self- Management</li> <li>● Reflection Task</li> </ul>
Section 4: Social Awareness	<ul style="list-style-type: none"> <li>● Social Awareness</li> <li>● Additional Resources for teaching empathy</li> <li>● Reflection Task</li> </ul>
Section 5: Relationship Skills	<ul style="list-style-type: none"> <li>● Relationship Skills</li> <li>● Establishing and maintaining healthy and rewarding relationships</li> <li>● Communicating Clearly</li> <li>● Resisting Inappropriate Social Pressure</li> <li>● Reflection Task</li> </ul>
Section 6: Responsible Decision Making	<ul style="list-style-type: none"> <li>● Responsible Decision Making</li> <li>● Reflection Task</li> </ul>
Course Wrap Up	<ul style="list-style-type: none"> <li>● Action Plan</li> <li>● Submit agenda and learning matrix</li> </ul>